



**EPILEPSY
FOUNDATION**
Greater Southern Illinois

and



**EPILEPSY
FOUNDATION**
Greater Southern Illinois-Southern Region

Presents the June 2025 Educational Monthly Support Group

**Activity:
HOBSCOTCH**

**Home Based Self-Management
and Cognitive Training Changes
Lives**

**Guest Speaker:
Trina Dawson**

**Where:
EFGSI Event Hall
750 W H Street
Belleville, IL 62226**

**When: June 17, 2025
From 11:00am to 2:00pm**

Please bring a sack lunch.

*Please RSVP to Janee Baldwin at
(618) 236-2181 ext. 116
or janeeb@epilepsygsil.org by
June 11, 2025.*

**Sponsored by the St. Clair County
Mental Health Board, Madison County
Mental Health Board, and the Illinois
Department of Human Services.**

HOBSCOTCH (**H**ome-**B**ased **S**elf-Management and **C**ognitive Training **C**hanges Lives) is an evidence-based self-management program that helps improve the lives of people with epilepsy. While not a cure, HOBSCOTCH helps adults with seizure disorders manage and cope with memory challenges to lead happier, more productive lives

